**BRIDGING COURSE TIMTABLE**
**28th October – 27th November 2008**

Tuesday & Thursday evenings

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>SUBJECT</th>
<th>LECTURER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>6.00pm – 7.30pm</td>
<td>Course Overview</td>
<td>Dr Sam Jayawardana</td>
</tr>
<tr>
<td>28/10/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Anatomy &amp; Physiology</td>
<td>Dr Sam Jayawardana</td>
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<tr>
<td>Thursday</td>
<td>6.00pm – 7.30pm</td>
<td>Introduction to Anatomy &amp; Physiology</td>
<td>Dr Sam Jayawardana</td>
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<tr>
<td>30/10/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Chemistry</td>
<td>Gian Wong</td>
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<tr>
<td>Tuesday</td>
<td>6.00pm – 7.30pm</td>
<td>Introduction to Anatomy &amp; Physiology</td>
<td>Dr Sam Jayawardana</td>
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<tr>
<td>04/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Chemistry</td>
<td>Gian Wong</td>
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<tr>
<td>Thursday</td>
<td>6.00pm – 7.30pm</td>
<td>Introduction to Anatomy &amp; Physiology</td>
<td>Dr Sam Jayawardana</td>
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<tr>
<td>06/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Chemistry</td>
<td>Gian Wong</td>
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<tr>
<td>Tuesday</td>
<td>6.00pm – 7.30pm</td>
<td>Introduction to Anatomy &amp; Physiology</td>
<td>Dr Sam Jayawardana</td>
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<tr>
<td>11/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Chemistry</td>
<td>Gian Wong</td>
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<tr>
<td>Thursday</td>
<td>6.00pm – 7.30pm</td>
<td>Stress Management</td>
<td>Dr Andrew Ong</td>
</tr>
<tr>
<td>13/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Chemistry</td>
<td>Gian Wong</td>
</tr>
<tr>
<td>Tuesday</td>
<td>6.00pm – 7.30pm</td>
<td>Self Esteem &amp; Motivation</td>
<td>Dr Andrew Ong</td>
</tr>
<tr>
<td>18/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Study Skills/Assignment Writing</td>
<td>Madelaine Bishop</td>
</tr>
<tr>
<td>Thursday</td>
<td>6.00pm – 7.30pm</td>
<td>Introduction to Naturopathic Philosophy</td>
<td>Gian Wong</td>
</tr>
<tr>
<td>20/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Chemistry</td>
<td>Gian Wong</td>
</tr>
<tr>
<td>Tuesday</td>
<td>6.00pm – 7.30pm</td>
<td>Introduction to Anatomy &amp; Physiology</td>
<td>Dr Sam Jayawardana</td>
</tr>
<tr>
<td>25/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Introduction to Chemistry</td>
<td>Gian Wong</td>
</tr>
<tr>
<td>Thursday</td>
<td>6.00pm – 7.30pm</td>
<td>Introduction to Anatomy &amp; Physiology</td>
<td>Dr Sam Jayawardana</td>
</tr>
<tr>
<td>27/11/2008</td>
<td>7.45pm – 9.15pm</td>
<td>Course Review – Questions &amp; Answers</td>
<td>Dr Sam Jayawardana</td>
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</tbody>
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It is recommended that participants in the Bridging Course purchase the Principles of Anatomy & Physiology textbook prior to the commencement of the Bridging Course. This is also the compulsory textbook for all of the Anatomy & Physiology units in the Advanced Diploma and Diploma courses offered by the AIHM.

The textbooks are available from the AIHM administration office.

*Students wishing to enrol in the Diploma of Remedial Massage or Certificate IV in Massage do not need to enrol in, or pay for, the Introduction to Chemistry classes (7 classes). Please contact the administration for a revised fee.*

Prepared 10/06/2008 – DCD – This timetable may be subject to alteration
AUSTRALIAN INSTITUTE OF HOLISTIC MEDICINE

BRIDGING COURSE

We are pleased to offer prospective students the opportunity to undertake a Bridging Course with AIHM. Satisfactory completion of this course allows entry into the following courses:

*Advanced Diploma of Naturopathy*
*Advanced Diploma of Nutritional Medicine*
*Advanced Diploma of Western Herbal Medicine*
*Advanced Diploma of Homoeopathy*
*Advanced Diploma of Ayurveda*
*Diploma of Remedial Massage*
*Certificate IV in Massage Therapy Practice*
*Certificate IV in Ayurvedic Lifestyle Consultation*

Why?
The course has evolved out of a desire to meet the needs of students requiring extra support and preparation for entry into studies in natural therapies. Its primary objective is to prepare students academically for their future studies and to reduce associated anxieties and uncertainties.

Who?
All prospective students are welcome. The course will be particularly beneficial to those who have not undertaken studies in recent times and/or who do not have a background in the Biological Sciences and Chemistry.

Cost?
The cost of the course is $345.00 for ‘early bird’ applications, (those received on or before **28/09/08**). For applications received after the 29/09/08, the cost is $375.00.

When?
Please see enclosed timetable. Classes run for five weeks from 28/10/08 to 27/11/08. Classes are to be held on Tuesday and Thursday evenings, to commence at 6.00pm and finish at 9.15pm.

________________________________________________________________________________

I would like to apply for the Bridging Course offered by the AIHM, commencing on 28/10/2008.

First Name: ___________________________ Last Name: ____________________________________
Highest Educational Qualification: ______________________________________________________
Address: ___________________________________________________________________________
Phone: _____________________________  Email: ____________________________________

Please find payment of $345.00/$375.00 enclosed: _______________________________________

Signed

For enquiries please call the AIHM on 9417 3553
Fax: 08 9417-1881  Email: info@aihm.wa.edu.au  Website: www.aihm.wa.edu.au
FEEDBACK & COMMENTS FROM PREVIOUS BRIDGING COURSE PARTICIPANTS

“very interesting, funny, informative…….willing to answer any questions”

“the lecturers were enthusiastic, knowledgeable & fun”

“I have learned a lot – it has changed my perspective on my own body”

“excellent, vivid. Made comprehensive systems easy to understand”

“lectures covered basic knowledge of different subjects and my knowledge was gradually built”

“I absolutely enjoyed the anatomy lectures with Dr Sam, I love his presentation and approach to students (very interactive) and I’m fascinated by anatomy & physiology and how great our body works”

Dr Sam explains so well and his energy keeps people interested. Dr Ong was very amusing and interesting”

“I really enjoyed the Institute, the environment, the positivity and interacting with other students”

“I didn’t know anything about the body before the course so it has broadened my knowledge a lot”

“after every lecture I felt like I had learned and achieved something; I never felt that in school so thank you! I found the course very interesting”

“all lecturers have a very positive and enthusiastic approach to their teaching which makes you feel more comfortable to join in and answer questions. The lecturers also made the point of making sure you understood what was being said and that you also understood the reason for it – very impressed”

“lectures were enjoyable because I left feeling more confident and like I really was ready and excited to continue on!”

“GREAT ☺ love the enthusiasm and their passion (the lecturers) for what they teach! Love the fact they try to make it fun and easier to learn”

“the presenters were engaging and used humour to convey messages. They were also clearly passionate about their subjects which helped to maintain interest”

“I have learned so much in a few weeks & it was beneficial and interesting. Looking forward to doing my course”

“clear, concise, simplified but interesting and relevant”

“a good review, informative, sensible and encouraging to make the listener health conscious”

“it helped me put all my understanding, which was fragmented earlier, into a clearer perspective”
“they (lecturers) are all very good and I feel blessed to have such learned and inspiring guides”
“Lectures given with such passion and expression”

“Best lecturers I’ve had throughout studies at school and university” They all share the same passion for what they do and the philosophies”

“I really enjoyed my time on the course and I’m sure I will do well in the future of Natural Healing”

“Someone switched a light on regarding Chemistry. The Periodic Table now has some meaning”

“Everything was easy to understand, but enjoyable and kept me focused”

“Dr Sam is an inspiration and pleasure to be around. All the lecturers were smart and approachable and friendly. I’m very glad I took this course”

“It definitely gets your interest and without a doubt I am much more aware of my body and what I eat, do, think, say etc. Fantastic course…”

“Course content to be covered was clear from the beginning, yet flexible depending on student’s ability and understanding. Information was well explained when a student did not understand”

“it definitely reminded me of former school study which is great & focused me on the next stage of study”

“I feel confident and enthusiastic to furthering my knowledge in this area”

“Given me a hunger for more knowledge………”

“I didn’t take much interest at High School and I am really revelling in my new education!”

“I have gained a lot of knowledge – just understanding how chemistry works in the body makes everything much clearer………”

“I was dreading Anatomy & Chemistry beyond belief……………… I found the way the lecturers taught us to be wonderfully simple to understand and a pleasure to learn.”

“I understand a lot more than when I started and it has given me the basic knowledge to continue in this course without being bogged down and not understanding………… in my second week I didn’t feel this way, but as we progressed I became more confident”

“I found each lecture most enjoyable. Anatomy; can’t get enough of that smile!”

“Thank you to everyone I came into contact with, everyone always had a smile and took interest”

“Thank you, I am really excited about doing the courses. The enthusiasm of lecturers and the content of classes has made me chose a direction and head for a worthy goal!”